# Guideline Vidéo 13 : Ability to energize and motivate students (engage them until the end of the course)

By following these tips, trainers can maintain a high level of engagement and motivation among participants throughout distance courses, creating a dynamic and rewarding learning experience.

### 1. Icebreaker activity to create a community:

Start each session with an icebreaker activity to encourage interaction. Share a personal anecdote or a touch of humor to lighten the atmosphere. Encourage participants to introduce themselves briefly and express their expectations for the course.

## 2. Maintaining dynamism throughout the session :

Provide clear and concise training material to avoid boredom. Regularly engage participants by asking questions throughout the lesson. Emphasize that the goal is to clarify doubts, not to evaluate or make them uncomfortable.

## 3. Checking understanding:

Ask participants to summarize in their own words what has been presented. Use this method to assess understanding immediately and provide additional explanations if necessary. Reduce the risk of participants getting lost in the content.

## 4. Individual or group presentations:

Encourage participants to prepare presentations to deliver during online sessions. This diversifies voices and gives a break to the trainer's voice, while actively involving learners. Foster a collaborative atmosphere by allowing students to share their perspectives.

## 5. Use of communication tools:

Exploit the communication tools available in the video conferencing platform, such as chat, polls, or live quizzes. Encourage playful participation by integrating interactive elements. Use polls to instantly gather participants' opinions on specific topics.

## 6. Encouraging active participation:

Create opportunities for participants to speak and answer questions. Use group discussions, debates, or forums to foster interaction. Encourage the use of cameras to enhance non-verbal communication.

## 7. Vary teaching methods:

Alternate between different teaching methods to maintain engagement. Incorporate practical exercises, case studies, and discussions to diversify the pedagogical approach.

#### 8. Announce activities in advance:

Inform participants of planned activities in advance to mentally prepare them. Create positive anticipation by highlighting the interactive aspect of the session.	÷